

TAEKWON-DO CHAMPIONSHIPS

& 2009 Mid-America Tournament Alliance National Black Belt Finals & Awards

Saturday, November 7th



FORMS
&
POINT
SPARRING

MOUTHPIECE
FOAM STYLE
HAND, FOOT,
HEADGEAR
REQUIRED

"Light Controlled Contact Sparring"
"Very Light or Touch Contact
for Younger Junior Divisions"
CONTACT RULES
STRICTLY ENFORCED!

Complete Rules at:
www.taekwondo.d-tac.net
Questions? ATHA@neb.rr.com

Registration at Door
8:30 to 10:00
or: preregister by 10/25/09
Entry Fee \$40

Columbus
Public
High School
2200 28th St

(Northeast Parking Lot Entrance)

Columbus, NE
10:00am

Black Belt Meeting
10:30am

Competition Begins

DIVISIONS FOR BEGINNERS
THRU 5TH DEGREE BLACK BELTS
Great Trophies!

KEN AND JEAN BROOKS'

AMERICAN TAEKWONDO & HAPKIDO ACADEMY

1260 25th Ave., Columbus, NE 68601

"Celebrating 35 Years of Traditional Black Belt Excellence"

402-564-9339

